



## Navigate the Grimaldi Center for Wellness & Aesthetics Patient Portal

The YourHealthFile Patient Portal is organized so that patients can quickly and easily find necessary information and tools. Use the navigation tiles on the Patient Portal's home page, and the navigation menu (available after you click one of the tiles), to find information and links to the most commonly used tools.

### Login Page: [www.yourhealthfile.com](http://www.yourhealthfile.com)

First time user?  
Activate your account here

User Login Info

Username

Password

Login

Forgot Info?

YourHealthFile®  
Your Portal to a Healthy Life

With the YourHealthFile patient portal, your path to wellness just got simpler

Sign in or activate your account to access these features and more!

- Profile**  
Review your personal account information, and complete forms.
- Clinical Summaries**  
Review a detailed summary of your health record and the results of your last office visit, all online.
- Medications**  
Review all the medications in your health record.
- Enhanced Communication**  
Communicate with your practice via secure message system.
- Allergies**  
Keep track of your allergies and avoid negative interactions.
- Lab Test Results**  
Why wait for the call from the doctor's office? You can safely view

Powered by MediTouch

Select Language | Powered by Google Translate

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- On the login page, patients can:
  - Activate their account
  - Log in to their account
  - Retrieve their username and password
- To view the portal in another language, select a language from the Google Translate menu.  
**Note:** The Google Translate widget is on every page.

### Home Page

The home page contains a set of navigation tiles that link to the most frequently used portal tools.

YourHealthFile®

ACCOUNT SETTINGS | LOG OUT

Welcome to YourHealthFile

Patient Chart: ABERG, DEMOS III

Welcome to the NEW YourHealthFile Patient Portal, now offering many upgraded features and enhancements. Click here for a tour.

- View Current Charges**  
\$1010.99  
Balance Due
- Schedule an Appointment**
- Appointment Check-in**  
05/07/2015  
2:15 PM
- Request a Medication Refill**
- Review Medical Record**
- Message a Doctor**  
19  
New Messages
- Contact Us**

The premium Patient Portal home page contains the following tiles:

- View Current Charges: Displays the current balance due.
- Schedule an Appointment
- **Appointment Check-in:** Displays the next appointment that the patient can check in for.
- Request a Medication Refill
- Review Medical Record
- Message a Doctor: Displays how many unread messages the patient has.
- Contact Us



## Patient Summary

The patient summary is located below the navigation tiles. This summary includes the patient's demographic and medical information. The table of contents lists each medical information category that is provided.

### Patient Summary for: ABERG, DEMOS III

DEMOS III ABERG	
Date of birth:	December 20, 1985
Sex:	Male
Language:	English
Race:	American Indian or Alaska Native
Ethnicity:	Hispanic or Latino
Document Created:	May 15, 2015, 11:35:09, PST
Author	Justin berg
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### Table of Contents

- PAYER
- ALLERGIES, ADVERSE REACTIONS, ALERTS
- PROBLEMS
- PROCEDURES
- MEDICATIONS
- ENCOUNTERS
- FAMILY HISTORY
- IMMUNIZATIONS
- SOCIAL HISTORY
- VITAL SIGNS
- RESULTS
- PLAN OF CARE

## Header

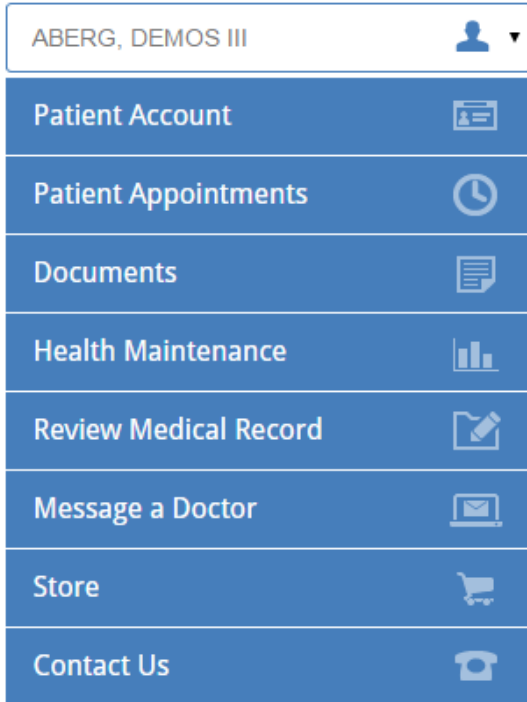
The header on every page after the home page is the same.

- **YourHealthFile logo:** Returns you to the home page.
- **Print Page:** Prints the current page.
- **Log Out:** Logs you out of the Patient Portal.
- **Appointment Check-in Process:** The Grimaldi Center can [customize](#) their patient check-in process. **Note:** This only displays in the header when a check-in process has yet to be completed.



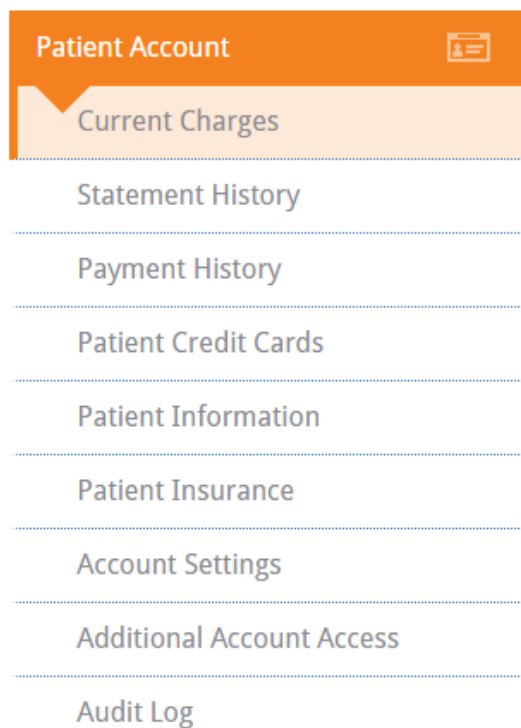
## Navigation Menu

The patient's name is displayed above the navigation menu. Some menu items have submenu items (patient account, patient appointments, documents, and review medical record).



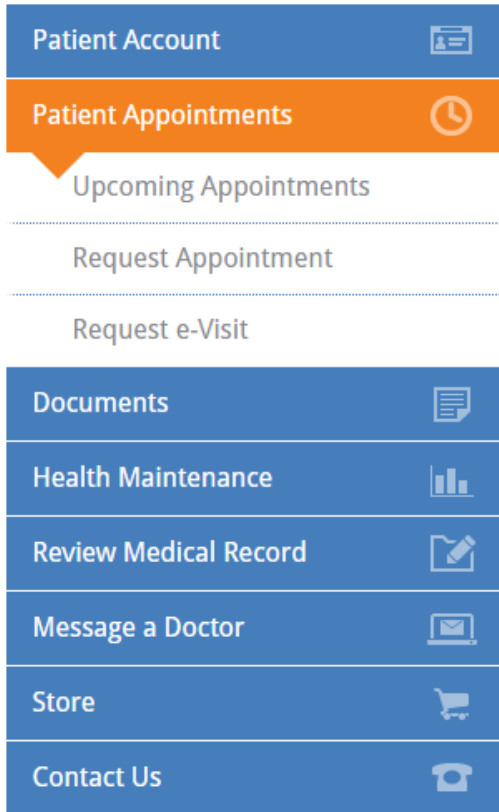
- **Current Charges:** Provides a detailed view of the patient's current balance and includes the same level of detail as the paper statement.
- **Statement History:** Displays all prior statements that the provider has sent to the Patient Portal.
- **Payment History:** Displays the patient's payment history.
- **Patient Credit Cards:** Displays saved credit cards. Patients can add credit cards.
- **Patient Information:** Displays patient information, contact information, emergency contact information, employment information, primary care physician, preferred pharmacy, care team, and family members who are in the practice. Patients can update this information.
- **Patient Insurance:** Displays the patient's insurance information. Patients can add insurance information.
- **Account Settings:** Patients can update their email address, security question, or password.
- **Additional Account Access:** Displays the individuals who also have access to the patient's portal account. Patients can grant additional account access.
- **Audit Log:** Maintains a log of the account's online activity.

## Patient Account





## Patient Appointments



- **Upcoming Appointments:** Displays the patient's upcoming appointments. The patient can check in for his or her current appointment.
- **Request Appointment:** The patient can submit a request for a nonemergency appointment.
- **Request e-Visit:** The patient can submit a request for a nonemergency e-visit.
- Displays the documents that the Grimaldi Center has shared with the patient.

## Health Maintenance

This menu contains tabs for health maintenance and health logs.

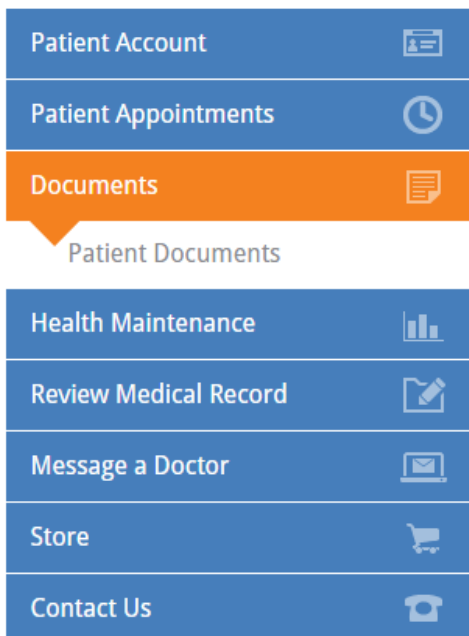
- **Health Maintenance:** Based on the patient's current data in the Grimaldi Center MediTouch electronic health record (EHR). Displays the health maintenance measure status on the portal (e.g., high blood pressure control – overdue).
- **Health Logs:** Patients can enter data (e.g., glucose) into a flow sheet to track progress. [Flow sheets](#) are found in the EHR. **Note:** Requires a flow sheet to be enabled for portal access.

**Message a Doctor:** Patients can communicate with their providers using the secure messaging system.

**Store:** The store is the provider's personalized Amazon store. The practice can promote specific products or product categories and earn sales commissions.

**Contact Us:** Practices provide their location(s) and contact information, including a map and a link to get directions.

## Documents





## Review Medical Record

### Review Medical Record



#### Patient Summary

#### Allergies

#### Immunizations

#### Medical History

#### Medications

#### Office Visits

#### Orders

#### Problem List

#### Social History

- **Patient Summary:** Provides the same information that is on the home page. Patients can download a copy of their medical record.
- **Allergies:** Lists the patient's allergies and their associated symptoms. Patients can add an allergy that is not already in the EHR.
- **Immunizations:** Lists the patient's immunizations. Patients can add an immunization that is not already in the EHR. Patients can download a copy their record.
- **Medical History:** Includes conditions that the patient has been diagnosed with during their lifetime. Some providers use Problem List for active conditions. Patients can update their medical history.
- **Medications:** Lists the medications that the patient is currently taking. Patients can add medications that are not already in the EHR. Patients can request prescription refills.
- **Office Visits:** Provides information about the patient's encounter.
- **Orders:** Lists the orders (lab, radiology, consults, and office tests) and the results that the provider has made available to the patient.
- **Problem List:** Lists the patient's active health issues recorded in the EHR.
- **Social History:** Lists the patient's tobacco and alcohol consumption history. Also lists the patient's active tobacco, alcohol, and illicit drug use during pregnancy. Patients can update this information.